# The WORKS!

Greater Works Ministries

Volume 3, Issue 4 - October 2008

ship



# **Reflections from Pastor Mark Avery**

# "Living Sacrifice"

(Rom. 12:1)

We live in an ever evolving, ever changing world. As one who lives in a society that is consumer oriented, I find that it is necessary to acquire products that meet certain standards of quality. This is evident quite often in the automobile industry. Year after year, we hear of recalls or watch newscasts urging us to be aware of certain models that unfortunately left the assembly line with certain mechanical defects. It is amazing to me that the manufacturers do not lower their prices, but continually raise them.

Even when their product does not meet industry or governmental standards.

The Master has certain standards in place for all who subscribe to be true disciples. No one, I say no one leaves the assembly line with defects of any sort. The Word tells us that, "We are fearfully and wonderfully made." Therefore, it is up to us represent the kingdom of light in a manner that speaks proudly of all that God has invested in us. You see my friend, God does not make any junk! Each of us who are born again can attest to the fact that we have been "Sealed unto the day of redemption". This seal cannot be broken by life's challenges, difficulties or disappointments. Just like the old Tonka trucks, the more you try to break us, the stronger we become.

Apostle Paul reminds us in this text of our responsibility, accountability, and duty as children of God. The wonderful thing concerning this scenario is that we were taken in our mess for the sole purpose of being transformed in his image. The ultimate objective is for Him to get the glory out of our lives.

Square your shoulders, put some pep in your step and realize that you have been created for success. The world needs heroes of faith, more than it needs another celebrity superstar. Be that "Living Sacrifice" that will draw men and women to the saving grace and knowledge of Jesus Christ.

God's choicest blessings to all,

G. Mark Avery

Pastor

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Qualifications for Leader-

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# Scripture of the Month

Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well. 3 John 1:2 (NIV)



## Qualifications for Leadership

Have you ever wondered what God is looking for in Christian leaders? Read I Timothy Chapter 3 verses 2 - 7, and see what the Apostle Paul has to say. Check it out and follow the instruction book!

Christian Leaders should be.....

- someone that others can respect and look up to!

#### What kind of Leader are you?

Chief Director of Ministries Alicia Hicks

# The Story of Amazing Grace

by Benjamin Atkinson Fairview Presbyterian Church

"Amazing Grace" is quite possibly the most well known hymn in Christianity. It has had many makeovers the years but the overall impact of the song remains the same. But from where did the song come? Who wrote these amazing Christian lyrics?

"Amazing Grace" was written by an Englishman named John Newton who, after some time in the Royal Navy, became a slave trader. The first stage of his religious conversion began with a strong tempest while he was at sea; shortly after he had left the deck, all the crewmen in his place were swept overboard. Although he managed to control the ship and bring it to port, he also realized that it was only by the grace of God that he survived. Combining this experience with the reading of "Imitation of Christ" by Thomas Kempis, John took the first step in accepting Christianity as his faith. These occurrences along with his marriage changed him profoundly.

Three years after his marriage, however, he suffered a stroke that left him unfit for more seafaring. He saw this as a step in his spiritual journey. He assumed a post in the customs office in the town of Liverpool and began to explore Christianity in more detail. When John met a newly converted Christian named William Cowper, their friendship provided the motivation for writing "Amazing Grace." The song was written in 1772 and Newton's lyrics have become a favorite for Christians. The hymn sums up (quite vividly) the idea of divine grace.

So some three hundred years later, the song is still sung in churches, public settings and has been performed by many artists, and cultures, which points to the sheer power of the song and what it says, "Amazing Grace how sweet the sound." Yes indeed, how sweet the sound.

### \_\_\_\_\_®\_\_\_\_

## **Cyber Study**

For those of you who are web savvy and unable to attend our weekly Discipleship Training session, I have an important announcement for you. You no longer have to miss out on the opportunity to receive instruction. All you need is an active e-mail address and you will receive each updated weekly lesson. If you are interested in this wonderful opportunity, please send an e-mail to <u>REVGWM@aol.com</u> and note in the subject area "Cyber Study."

# Chester County Parks Fun & Educational

What to do? What to do? The weekend is coming up and you and the kids have nothing to do. Would you like an activity that is low cost, fun and educational? Then try Chester County Park's activities. Most activities are low cost or even no cost, they just require preregistration. Just got to http:// dsf.chesco.org/ccparks/site/ default.asp and click on the Programs & Events link. Or better yet, click on the News & Publications list and sign up for the e-mail list or the have one or all of the Parks various publication sent free to your home. If you don't have access to e-mail you can call 610-344-6415.



## Biblical Adventures In Building Believers

Built for Kingdom Work



As we started our Camp Gr8r Prz; adventure this summer we picked and prepared a site. Then just as the builder's do we drew out blueprints, laid a solid foundation, added strong frame-

work, walls of protection, and sealed it with the roof for covering. All these steps of a builder are in direct correlation of what God did for each of us. God designed, prepared, and built us for Kingdom work. To be His helpers here on earth.

Each week during this past summer we met, planned and built ourselves up to be workers in God's Kingdom. The 21 campers each week dinned on such delicacies as blueprint sandwiches, light socket brownies and wire soup. In the end the building inspector approved all of us with the certification, "Built for Kingdom Work".

So now that the campers are built for Kingdom Work, get ready for next year as we work on Growing God's Kingdom!

I would like to extend a special thanks to all those who joined the Kingdom Construction Crew this year; Sister Wendi Box, Sister Anna Anderson, Sister Shirley Davis, Minister Tonya Price, Sister Tacie Himelright, Brother Chandler Avery, Brother Jonathan Perez, and Brother Joshua Warren. Without their help and support Camp Gr8r Prz' would not have been possible.

Looking Forward to Next Year, Elaine Warren Camp Leader



## Women of Wisdom Annual Weekend

The Women of Wisdom held their "Annual Women's Weekend" on Saturday, August 2nd – Sunday, August 3rd. Their theme for the year was, "Jesus... more than enough".

God truly had his hand upon the services held during that weekend.

We began on Saturday with a conference. Our speakers for the conference were, Evangelist Rene' Evans, Praying Ground Community Church, Wilmington, DE, and Evangelist Tamika Edwards, The Resurrection Center, Wilmington, DE.

Evangelist Evans told us that "God has given us a blank check", all we needed to do was to write in what we needed from God. No need to worry about funds to cover the check, because God had already paid the price.

Evangelist Edwards told us that "We need to act like we know that Jesus is more than enough" and truly believe it. They both bought forth powerful words of encouragement for all of the women in attendance.

We followed the conference with a luncheon, which was enjoyed by all.

On Sunday, the Women continued their celebration. We were all empowered and motivated to face any challenges or situations that were awaiting us because we knew that Jesus...was more than enough.

Our speaker for Sunday morning was, Evangelist Cornelia Henry, St. James Outreach for Christ, Philadelphia, PA. She told us that "We were being blessed in Jesus. We needed to praise God because he favored us and that we are abundantly blessed because we belong to Christ." She also encouraged us to walk in "God's Favor".

The WOW Choir blessed the house with their 2 selections, Rev. 19:1

(Hallelujah, Salvation and Glory); and "More than enough".

During our final service for our WOW Weekend, we were blessed by a special group of Women. "Sisters Singing With Anointed Voices". They blessed us in song.

Our speaker for the afternoon was, Reverend Terri McClain,

St. James UAME Church, Darlington, MD. She encouraged us and told us that "Jesus has already given us everything that we need, and that "his shed blood was more than enough".

It was an awesome weekend, but it could not have been the success it was without the support of the Women of Greater Works and my staff members: Sister Barbara Warren, Sister Shirley Davis, Sister Desiree' Walker and Sister Wendi Box.

Be blessed, Lady Avery

# Good, Better, Best: How to Improve Gas Mileage

Whether you are shopping for a new car or just trying to maintain the one you have, you can take some steps to get the best mileage out of your gas purchases. The Federal Trade Commission (FTC), the nation's consumer protection agency, offers these tips to use fuel efficiently:

#### On the Road: Drive More Efficiently

- Stay within posted speed limits. Gas mileage decreases rapidly at speeds above 60 miles per hour.
- Stop aggressive driving. You can improve your gas mileage up to five percent around town if you avoid "jackrabbit" starts and stops by anticipating traffic conditions and driving gently.
- Avoid unnecessary idling. It wastes fuel, costs you money, and pollutes

the air. Turn off the engine if you anticipate a wait.

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- Combine errands. Several short trips taken from a cold start can use twice as much fuel as one trip covering the same distance when the engine is warm.
- Use overdrive gears and cruise control when appropriate. They improve the fuel economy of your car when you're driving on a highway.
- Remove excess weight from the trunk. An extra 100 pounds in the trunk can reduce a typical car's fuel economy by up to two percent.
- Avoid packing items on top of your car. A loaded roof rack or carrier creates wind resistance and can decrease fuel economy by five percent.

#### At the Garage: Maintain Your Car

- Keep your engine tuned. Tuning your engine according to your owner's manual can increase gas mileage by an average of four percent. Increases vary depending on a car's condition.
- Keep your tires properly inflated and aligned. It can increase gas mileage up to three percent.
- Change your oil. According to the U.S. Department of Energy (DOE) and Environmental Protection Agency (EPA), you can improve your gas mileage by using the manufacturer's recommended grade of motor oil. Motor oil that says "Energy Conserving" on the performance symbol of the American Petroleum Institute contains friction-reducing additives that can improve fuel economy.
- Check and replace air filters regularly. Replacing clogged filters can increase gas mileage up to ten percent.





## Should I Celebrate Halloween?

This question continues to be debated and pondered among Christians. Let's look at some of the origins of the holiday and you decide.

The name **Halloween** originally came from the Pagan Druid Holiday called **"The Vigil of Saman."** In early Britain it was called Samhain, which is pronounced So-wein. The Catholic church moved **"All Saints Day"** from May to November 1 in an attempt to Christianize this Pagan celebration. The new day was called **"All Hallow's Day**," and it became the custom to call the evening before **"All Halloween."** Eventually it was shortened and called Halloween.

The origin of wearing costumes came from the practice of the Druids who were the occult priests and teachers of the Celtic people. The Druids built large bonfires of oak branches which they considered sacred. They would burn animals, crops, and humans as sacrifices to their Gods. During the ceremony the people wore costumes made of animal heads and skins. The practiced divination, looked for omens in the struggle of the victims, jumped over the flames while dancing and singing. These practices were to frighten the evil sprits away. The Druids went from house to house in their horrid costumes and masks dancing and singing to keep evil away. The Druids believed that on the evening of this festival the lord of death called together the wicked spirits that over the past year had been condemned to inhabit the bodies of animals. Saman, the lord of death would then send these evil spirits to attack people on the eve before the Nov 1 celebration. The only escape was by assuming disguises and looking like the evil spirits themselves.

The practice of **Trick or Treat** originated from the practice of the people being told to set out a **Treat** of food and fruit to give the wandering spirit shelter for the night. They believed that if the demon was satisfied they would not **Trick** you by casting an evil spell on you.

The significance of Jack O Lanterns is an ancient symbol of a "damned soul". According to folklore they were named after a man called Jack, who could not enter heaven or hell and was doomed to wander in the darkness with his lantern until judgment day. With this in mind people began to hollow out pumpkins and turnips, placing candles inside to scare evil spirits from their houses. Historians also record that the candlelit pumpkin or skull served as a sign that this house is sympathetic to the Satanist and should receive mercy when the evil activates began on Oct 31.

The Druid priests believed that **Black Cats** were once human beings that were reincarnated as punishment for evil deeds. For this reason they held the cats sacred, and used them in their idol worship on Oct 31.

The practice of **Bobbing for Apples** came from the influence of the Roman Empire in A. D. 43 when they were in control of the Celtic people. They introduced another ceremony to the celebration to honor their false goddess of fruit trees. They would grasp fruit floating in water without the use of their hands.

"Finally, be strong in the Lord and in his mighty power. Put on the full armor of God so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against powers of this dark world and against the spiritual forces of evil in the heavenly realms." (Ephesians 6:10-12)

Verification and further study is encouraged. Please use your library, and the internet to gather more information. Valuable tools are encyclopedias, Christianity Today Oct 22, 1982, "The

Occult Conceit", "The American Book of Day". Should we embrace these ancient practices into the 21st century culture?

You decide.

Alicia Hicks Chief Director of Ministries



# Why do we Love Children?

On DEATH

While walking along the sidewalk in front of his church, our minister heard the intoning of a prayer that nearly made his collar wilt. Apparently, his 5year-old son and his playmates had found a dead robin. Feeling that proper burial should be performed, they had secured a small box and cotton batting, then dug a hole and made ready for the disposal of the deceased. The minister's son was chosen to say the appropriate prayers and with sonorous dignity intoned his version of what he thought his father always said: 'Glory be unto the Faaather, and unto the Sonnn, and into the hole he goooes.'

#### On the BIBLE

A little boy opened the big family Bible. He was fascinated as he fingered through the old pages. Suddenly, something fell out of the Bible. He picked up the object and looked at it. What he saw was an old leaf that had been pressed in between the pages. 'Mama, look what I found,' the boy called out. 'What have you got there, dear?' With astonishment in the young boy's voice, he answered, 'I think it's Adam's underwear!'.

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# Websites for Christians

# A Higher Level of Love

#### Written by Alicia Hicks

The prevailing theme that Jesus taught, and exemplified is love expressed in various forms such as devotion, commitment, faithfulness, loyalty, etc..

Modern society often categorizes love in different ways. Love is often defined based on emotions, and treatment. Individuals feel that if you treat them in a certain way, they will reciprocate by loving you back. Christ takes love to a higher level and commands that we love those that hate us as well as those who love us. "You have heard that it was said, Eve for eye, and tooth for tooth.

But I tell you, Do not resist an evil person. If someone strikes you on the right cheek, turn to him the other also. And if someone wants to sue you and take your tunic, let him have your cloak as well. If someone forces you to go one mile, go with him two miles. Give to the one who asks you, and do not turn away from the one who wants to borrow from you(Matthew 5:38-42)."

Often our first reaction when we are wronged by others is to strike back, and seek justice or retribution. In the face of injustice Jesus taught tolerance, and freely gave up his rights to extend mercy to others. Turning the other cheek suggests that we do not react or retaliate to every offence that others inflict on us. Instead he teaches that we extend love and kindness to the offender. Christ is teaching love through forgiveness. He exhibited this when he was abused, and humiliated on the way to the cross. He was scouraed, spit on, beaten, stripped, and crucified. Yet, he humbly cried out to the Father and said, "Forgive them for they do not know what they are doing (Luke 23:34)."

Instead of crying out for wrath and justice, he asked for forgiveness for his enemies. We as Christians can only exhibit this kind of love when the Holy spirit is operating in our lives, and we allow his will to overtake our personal will.

#### Do you have a site that you visit on a regular basis and would like to share it? Please e-mail a link to <u>newsletter@gwministries.net</u> Here are some web sites resources for Christians.

#### **Breaking Christian News**

http://www.breakingchristiannews.com

#### Heroic Stories

#### http://www.HeroicStories.com

Begun in 1999, HeroicStories brings diverse, international voices to the world - reminding us that people are good, that individuals and individual action matter. Our mission is to publish examples of people being good to each other, to inspire similar heroic actions in others. It's easy to receive HeroicStories: they're free, delivered directly to you by email.

#### **Christian Cards and e-Cards**

#### http://www.dayspring.com/ecards/

DaySpring is a leading manufacturer and distributor of Christian greeting cards and other personal expression products and gifts. Day-Spring products are sold in Christian retailers, card and gift stores, and other outlets in the United States and 60 foreign countries. The company has changed many times throughout the years, but the purpose and vision remains the same — to make Christ known.

#### Christianity Today

#### http://www.christianitytoday.com/

Christianity Today magazine, provided by ChristianityToday.com, provides evangelical thought leaders a sense of community, coherence, and direction through thoughtful, biblical commentary on issues and through careful, caring reporting of the news.

#### FamilyLife

#### http://www.familylife.com

Help for Today. Hope for Tomorrow. FamilyLife began as resource for families struggling to live godly lives in today's hectic world. Over the years, the organization has grown dramatically and its reach can be felt throughout the world. Today, FamilyLife offers a wide range of resources and tools that help families become stronger as they discover the power of God's message.

#### Investment & Financial Information

#### http://www.smartmoney.com/

SmartMoney.com has become a leader in online financial <u>publishing</u> by revolutionizing the way people utilize the Web for financial planning and research. Provocative commentary and analysis combined with the Web's most powerful investment tools has earned Smart-Money.com continued critical acclaim and recognition from both the financial and <u>Web development</u> industries.





# The WORKS!

# FOR YOUR HEALTH

### Recommended Health Screenings

#### Submitted by Sister Margaret Hicks

Screenings can detect health problems and diseases early – when treatment is easier and more likely to be successful. Talk to your doctor about which of the tests below are right for you and when and often you should have them.

#### <u>General Screening and test for Older</u> <u>Adults</u>

#### Full Check Up:

Discuss frequency with your doctor.

#### **Blood Pressure Check:**

At least once every two years and more often, if you have been diagnosed with high blood pressure.

#### **Cholesterol Test:**

At least once every five years. Your doctor may recommend more frequent testing, especially if your cholesterol level is too high.

#### **Colorectal Cancer Screening:**

- Begin regular screening at age 50 years.
- You doctor can help you decide the frequency of testing and which test is right for you.

#### **Diabetes Screening:**

 Recommended for individuals with high blood pressure or high cholesterol.

#### **Dental Exam:**

 Visit your dentist once or twice a year.



# **Travel Points!**

Would you like to travel, but your budget is a little restrictive right now? Step out of your comfort zone and experience a change of scenery, and go south to experience a little culture and history for just the cost of a tank of gas! Baltimore is offering numerous FREE events and exhibits for the month of October! ! If you would like to stay overnight the Holiday Inn Inner Harbor is offering a 20 percent discount. Plan a long weekend and enjoy the sights and the relaxing atmosphere!

The BALTIMORE OPERA COMPANY will present 2 Operas 2 Go at the **REGINALD F. LEWIS MUSEUM.** A Legacy of Hope: The Marian Anderson Story, and Leontyne Price:A Hope Fulfilled. The Baltimore Opera Company presents two of its signature "Opera to Go" programs, one representing the life of Marian Anderson, the first African-American to perform as a soloist at the Metropolitan Opera and the other featuring the life and accomplishments of soprano Leontyne Price.

Sat Oct 25 2pm & 4pm Sun Oct 26 2pm & 4pm

The Reginald F. Lewis Museum of Maryland African American History & Culture is located on 830 E. Pratt Street, to reserve free passes for all performances, call the Reginald F. Lewis Museum at 443-263-1800 and state the date of performance.

Free days to visit the museum: Saturdays and Sundays, Oct. 13-28

#### Additional Free Events and Attractions:

#### National Aquarium in Baltimore Enoch Pratt Free Library's Mother Goose on the Loose at the Aquarium Free day(s): Wed. Oct 17, 6 p.m. – 9 p.m. Neighborhood: Inner Harbor Free passes will be distributed at all 20 open Enoch Pratt Library branches during presentations of the Mother Goose

on the Loose programs.

#### National Great Blacks in Wax Museum

# The Hand-in-Hand Tour: Were It Not For The Music

Bus tour features three African American historical sites and eight cultural performances, including the Ola Olu Griots, NuWorld Performers, Earl Wilson Jazz Trio, the Saint Francis Children's Choir & more. Call for Free tour information. Reservations are required at <u>Great Blacks</u>

<u>in Wax Online</u> or call 410-563-7809.

#### Neighborhood: Inner Harbor Baltimore Jazz Alliance "What is Jazz?"

A fun introduction to jazz for elementary school children featuring jazz versions of well-known children's songs played by BJA's five piece band and encouraging audience participation. A musical "petting zoo" follows the concert. Sun Oct 26 2pm

Eubie Blake National Jazz Institute and Cultural Center – 847 N. Howard Street For reservations contact <u>baltimore-</u> <u>jazz.com</u> or call 410-225-3130.

#### Community Concerts at Second A Series of Chamber Concerts Sun Oct 12 3:30pm

Trombonist Chris Dudley, Principal Trombone in the Baltimore Symphony Orchestra, offers exciting new compositions such as a world premiere of a Sonata for trombone and piano written by renowned local composer Jonathan Leshnoff.

#### Sun Oct 19 7:30pm

**Chamber Music by Candlelight.** Planned and performed by members of the Baltimore Symphony Orchestra and featuring a wide variety of chamber music.

Second Presbyterian Church, 4200 St. Paul Street

Seats can be reserved by calling 410-744-4034 or emailing <u>communitycon-</u> <u>certsatsecond@yahoo.com</u>

For More Information go to FreeFallBaltimore.com

Alicia Hicks Corporate Travel Agent



# FOR YOUR HEALTH

# Make Notes & Take Notes

Before, during, and after my doctor's visit

# Helpful Steps to Avoid Medication Errors

### Before My Doctor's Visit

Date of visit

### At the Doctor's Office

Record any diagnosis (name of the problem) your doctor gives you \_\_\_\_\_

Doctor's name Address

Phone Reason for this visit

Symptoms/medical problem you are having

How long have you had this problem or symptoms?

Questions you want to ask the doctor about this problem or symptoms

List below all of the prescription and non-prescription (OTC) medicines you are now taking.

(Show this list to you doctor during your visit)

Prescription Medicines

Over-the-Counter (nonprescription) Medicines and Vitamins / Minerals, Dietary / Herbal Supplements

Record the name and phone number of any other doctor that you should see about your
medical problem

Name Phone\_

#### Questions to Ask About Prescription Medicines

(If my doctor prescribes medicine for me, here are some important questions to ask)

 What is the name of the medicine and what is it for?

brand name or the generic name?

How and when do I take it—and for how long?

3. What side effects should I expect, and what should I do about them?

4. Should I take this medicine on an 🖵 empty stomach or 🗆 with food? Is it safe to drink alcohol with this medicine □ yes or □ no

5. If it's a once-a-day dose, is it best to take it in the 🗆 morning or 🛛 evening?

6. What foods, drinks, or activities should I avoid while taking this medicine?

7. Will this medicine work safely with any other medicines I am taking? 
ves 
no 8. When should I expect the medicine to begin to work, and how will I know if it is working?

Are there any tests required with this medicine (for example, to check liver or kidnev function)?

9. How should I store this medicine?

10. Is there any written information available about the medicine? □ ves or □ no? Is it available in large print or a language other than English? 🗆 yes or 🕒 no?

### After My Doctor's Visit

Call your doctor immediately if you are having any problems with your treatment.

Call your doctor or pharmacist if you think you are having troubling side effects with any medicine prescribed or recommended for you. Pharmacy \_\_\_\_

Record the date and time for any scheduled blood tests, x-rays, or other medical tests ordered by your doctor Test \_\_\_\_\_

Phone

Testing facility

Phone

Record the date and time of your next doctor's visit

Keep up to date Use 1 sheet for each doctor you visit



National Council on Patient Information and Education 4915 Saint Elmo Ave., Suite 505 Bethesda, MD 20814-6082 (301) 656-8565 www.talkaboutrx.org



## **Deer Starting to Make Unwelcome Appearances** on Pennsylvania Roads

10/3/2008-General

HARRISBURG - As daylight hours shrink, drivers are reminded to be on the lookout for white-tailed deer darting onto roads across Pennsylvania, said PennDOT Secretary Allen D. Biehler, P.E.

"We typically see an increase in the number of deer-related crashes at this time of year," Biehler said. "Deer are very unpredictable, but motorists can reduce their risk of being involved in a crash with a deer by driving defensively and staying alert, especially when driving between dusk and • Seek permission before parking on dawn."

Deer are most active during the fall, particularly between sunset and sunrise. According to statistics, 46 percent of all reportable crashes involving a deer in the past five years have occurred in the months of October and November, with 90 percent occurring in clear weather. Last year, there were 2,482 crashes statewide involving deer, resulting in 596 injuries and eight fatalities.

During the fall, deer move around more, travel longer distances and are less wary of their surroundings, increasing the potential for collisions with vehicles.

The possibility of a deer-related crash further increases in October as thousands of hunters take to the woods for the opening of archery and small game seasons.

Motorists and hunters can help increase their safety by following a few

#### Safety tips:

- · Be on the alert for hunters entering the woods early in the morning and leaving in the late evening hours;
- · Slow down and use caution, particu-

larly where deer crossing signs are posted;

- Hunters should be certain that their vehicles are pulled as far off the roadway as possible and remember that parking along limited access highways is prohibited except for emergencies;
- If you are walking along the roadway, wear reflective clothing and carry a flashlight or a glow stick to help increase your visibility;
- Since deer often travel in small herds, one deer crossing a roadway will usually be followed by others;
- Increase following distance between vehicles;
- Morning and late evening hours are the most active for wildlife;
- Be sure to make young drivers aware of the increased deer movement;
- private property;
- Always wear your seatbelt;
- Never drink and drive; and
- If your wipers are on, your headlights must be on. This is required by state law.

To report a dead deer on state roads, motorists can call 1-800-FIX-ROAD.

## **Clean Your House** In 19 Minutes

by Real Simple, on Tue Sep 23, 2008 11:50am PDT

http://shine.yahoo.com/channel/ home/clean-your-house-in-19-minutes-269031/

With a plan of attack, you can maintain a sparkling house in just 19 minutes a day

#### Kitchen, 4 1/2 minutes daily

Always start with the sink. A sparkling sink becomes your kitchen's benchmark for hygiene and tidiness, inspiring you to load the dishwasher immediately and keep counters, refrigerator doors, and the stove top spick-and-span, too.

- Wipe down the sink after doing the dishes or loading the dishwasher (30 seconds).
- Wipe down the stove top (one minute).
- Wipe down the counters (one minute).
- Sweep, Swiffer, or vacuum the floor (two minutes).

#### Bathroom, 2 minutes daily

Make cleaning the basin as routine as washing your hands. But don't stop there. Get the most out of your premoistened wipe by using it to clean around the edges of the tub and then the toilet before tossing it.

- Wipe out the sink (30 seconds). Wipe the toilet seat and rim (15 seconds).
- Swoosh the toilet bowl with a brush (15 seconds).
- Wipe the mirror and faucet (15 seconds).
- Squeegee the shower door (30 seconds).
- Spray the entire shower and the curtain liner with shower mist after every use (15 seconds).

#### Bedroom, 6 1/2 minutes daily

Make your bed right before or after your morning shower. A neat bed will inspire you to deal with other messes immediately. Although smoothing sheets and plumping pillows might not seen like a high priority as you're rushing to work, the payoff comes at the end of the day, when you slip back under the unruffled covers.

- Make the bed (two minutes).
- Fold or hang clothing and put away jewelry (four minutes).
- Straighten out the night-table surface (30 seconds).

Family Room, Living Room, Foyer, 6 minutes daily Start with the sofa -- as long as it's in disarray, your living room will never look tidy. Once you've fluffed the pil-

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# Church Attendance Boosts Student GPAs

By <u>Robert Roy Britt</u>, LiveScience Managing Editor

posted: 19 August 2008 10:00 am ET

#### http://www.livescience.com/ culture/080819-church-grades.html

If you want to boost your teenager's grade point average, take the kid to church. Or, a new study suggests, find some similar social activity to involve them in.

Researchers found that <u>church atten-</u> <u>dance</u> has as much effect on a teen's GPA as whether the parents earned a college degree. Students in grades 7 to 12 who went to church weekly also had lower dropout rates and felt more a part of their schools.

On average, students whose parents received a four-year college degree average a GPA .12 higher than those whose parents completed high school only. Students who attend religious services weekly average a GPA .144 higher than those who never attend services, said Jennifer Glanville, a sociologist at the University of Iowa.

The study does not suggest <u>God is smil-</u> ing on the students, per se. Rather, it identifies several reasons the students do better:

- They have regular contact with adults from various generations who serve as role models.
- Their parents are more likely to communicate with their friends' parents.
- They develop friendships with peers who have similar norms and values.
- They're more likely to participate in extracurricular activities.

Those factors account for only half the predicted effect, Glanville and colleagues say. "There are two directions you can go with this research," she said. "Some might say this suggests that parents should have their kids attend places of worship. Or, if we use it to help explain why religious participation has a positive effect on academics, parents who aren't interested in attending church can consider how to structure their kids' time to allow access to the same beneficial social networks and opportunities religious institutions provide."

Other studies have shown that regular church-goers <u>breathe easier</u> and <u>live</u> <u>longer</u>. And kids whose parents go to church are <u>better behaved</u> and more well-adjusted. In each of these studies, the researchers cite the social-network and psychological benefits of churches.

Glanville and colleagues David Sikkink and Edwin Hernandez of the University of Notre Dame analyzed data from the National Longitudinal Study of Adolescent Health, a nationally representative sample of 7th- through 12thgraders that began in 1994. Students from 132 schools in 80 communities participated.

Kids who attended church were also more likely to have friends with higher GPAs who skipped school less often, Glanville said.

The study also showed whether the teens said religion was important to them.

"Surprisingly, the importance of religion to teens had very little impact on their educational outcomes," Glanville said. "That suggests that the act of attending church -- the structure and the social aspects associated with it -could be more important to educational outcomes than the actual religion."

Religious-service attendance had the same effect across all major denominations, the researchers found. The results are detailed in the winter 2008 issue of the Sociological Quarterly.

# The WORKS!

### The Donkey

One day a farmer's donkey fell down into a well. The animal cried piteously for hours as The farmer tried to figure out what to do.

Finally, he decided the animal was old, and the Well needed to be covered up anyway; It just wasn't worth it to retrieve the donkey.

He invited all his neighbors to come over and Help him. They all grabbed a shovel and began to shovel dirt into the well. At first, the Donkey realized what was happening and cried horribly. Then, to everyone's amazement he quieted down.

A few shovel loads later, the farmer finally looked down the well. He was astonished at what he saw. With each shovel of dirt that hit his back, the donkey was doing something amazing. he would shake it off and take a step up.

As the farmer's neighbors continued to shovel dirt on top of the animal, he would shake it off and take a step up.

Pretty soon, everyone was amazed as the donkey stepped up over the edge of the well and happily trotted off!

Life is going to shovel dirt on you, all kinds of dirt. The trick to getting out of the well is to shake it off and take a step up. Each of our troubles is a steppingstone. We can get out of the deepest wells just by not stopping, never giving up! Shake it off and take a step up.

# Remember the five simple rules to be happy:

Free your heart from hatred - Forgive.

Free your mind from worries - Most never happen.

Live simply and appreciate what you have.

Give more.





### The Importance of Voting

Did you vote in the last election? It is a right and privilege that we Americans take for granted. How many times in the last several years have we seen people in countries like Iraq walking for hours just for the privilege of casting a ballot. How many of us would drive (let alone walk) for hours to vote? Not many. We are spoiled.

Did you know that there are 2 elections every year? The Primary election is when the political parties choose their candidates. Primary elections are different in each state. In Chester County (with which I am most familiar) it is only the Democrats and Republicans that can vote. If you are a Democrat, you can only vote for the Democrats.

The Primary election is extremely important. This is when you, as the voter, are choosing the strongest candidates for your party. This is when you will choose the candidate who will try to beat the opposition in the General election. The Primary election is held early in the year. The date of the Primary election and who votes in this election varies by state. It can be confusing. In Pennsylvania it is held some time in March or April.

In the General election anyone can vote for any candidate on the ballot regardless of party. All states have the same General election date. The General election is always the 2<sup>nd</sup> Tuesday in November and the date is federally regulated.

There are a large number of people who only vote every 4 years during the presidential elections. But the "off" years are just as important as the presidential election. What are your chances of meeting the President of the United States? Probably not very good. What are your chances of meeting one of the Chester County Commissioners? Pretty good – especially if you buy gas at the Sunoco on Route 82 in Kennett Square. What are your chances of meeting the Mayor or Supervisors of your town or township, or even a School Board Member? Chances are you may even know these folks.

If you have come to Tuesday night's Discipleship Training you have met the former Mayor of West Chester and a former Kennett Consolidate School Board Member already! Dr. Clifford DeBaptiste is the former Mayor of West Chester and (you may recognize this name) Pastor Mark Avery is a former Kennett School Board Member. As Mayor and School Board Director both gentlemen were responsible for budaeting and spending of our tax dollars. Do you want an elected official who will spend money on frivolous things and raise your taxes unnecessarily? Or would you like to have someone in office that is careful with your money? Election of good and honest local officials is just a crucial as the election of good and honest state and federal officials.

There are 3 important dates to know about voting in Pennsylvania (check with your local Voter's Services if you live elsewhere - voter services information will be in the blue pages of the phone book). The first important date is October 6 (October 11 in Delaware State). This is the last day to register to vote or to change your voter registration. If you have moved you will need change your voter registration. If you change your voter registration when you changed your driver's license information, DO NOT count on PennDOT to get your registration changed in time! This is especially true during the presidential election when there are many more people registering to vote.

The next important date in PA is **October 28**. This is the last day to submit a request for an absentee ballot. If you will be out of town or otherwise unable to vote, you must have your request for an absentee ballot in by October 28.

And finally, on **November 4** we are again afforded the opportunity to

vote. The polls will be open from 7:00 am to 8:00 pm. Please check with your local election board if you want to verify the time.

There is no excuse not to vote. If you don't know anything about the candidates give yourself some extra time when come to the polls. The candidates or a representative of the candidate will be at the polls and will happily answer your questions. There will be sample ballots that will give you information about the races, which candidates are running, and in which races they are running. There are usually committee people from the various parties who will be happy to give you information about their candidates and answer questions. And if you have questions about the actual process of voting, the Judge of Elections will be happy to help you through the process.

Voter Services Information

#### Chester County, Pennsylvania:

610-344-6410 or <u>http://</u> <u>dsf.chesco.org/chesco/cwp/view.asp?</u> <u>a=1413&Q=573562</u>

#### Lancaster County, Pennsylvania:

717-299-8293 or http:// www.co.lancaster.pa.us/lanco/cwp/ view.asp? a=373&Q=262531&lanconav GID= 1004

Delaware, County, Pennsylvania: 610-891-4659 - <u>http://</u> www.co.delaware.pa.us/depts/ voterregis.html

New Castle County, Delaware: 302-577-3464 or <u>http://</u> elections.delaware.gov/default.shtml

Kent County, Delaware: 302-739-4515 or http:// elections.delaware.gov/default.shtml







The Woman and a Fork

There was a young woman who had been diagnosed with a terminal illness and had been given three months to live. So as she was getting her things 'in order,' she contacted her Pastor and had him come to her house to discuss certain aspects of her final wishes.

She told him which songs she wanted sung at the service, what scriptures she would like read, and what outfit she wanted to be buried in.

Everything was in order and the Pastor was preparing to leave when the young woman sudd enly remembered something very important to her.

'There's one more thing,' she said excitedly.

'What's that?' came the Pastor's reply.

'This is very important,' the young woman continued 'I want to be buried with a fork in my right hand.'

The Pastor stood looking at the young woman, not knowing quite what to say.

That surprises you, doesn't it?' the young woman asked.

'Well, to be honest, I'm puzzled by the request,' said the Pastor.

The young woman explained. 'My grandmother once told me this story, and from that time on I have always tried to pass along its message to those I love and those who ;are in need of encouragement. In all my years of attending socials and dinners, I always remember that when the dishes of the main course were being cleared, someone would inevitably lean over and say, 'Keep your fork.' It was my favorite part because I knew that something better was coming...like velvety chocolate cake or deepdish apple pie. Something wonderful, and with substance!'

So, I just want people to see me there in that casket with a fork in my hand and I want them to wonder 'What's with the fork?' Then I want you to tell them : 'Keep your fork, the best is yet to come.'

The Pastor's eyes welled up with tears of joy as he hugged the young woman good-bye. He knew this would be one of the last times he would see her before her death. But he also knew that the young woman had a better grasp of heaven than he did. She had a better grasp of what heaven would be like than many people twice her age, with twice as much experience and knowledge. She KNEW that something better was coming.

At the funeral people were walking by the young woman's casket and they saw the cloak she was wearing and the fork placed in her right hand. Over and over, the Pastor heard the question, 'What's with the fork?' And over and over he smiled.

During his message, the Pastor told the people of the conversation he had with the young woman shortly before she died. He also told them about the fork and about what it symbolized to her. He told the people how he could not stop thinking about the fork and told them that they probably would

not be able to stop thinking about it either.

He was right. So the next time you reach down for your fork let it remind you, ever so gently, that the best is yet to come. Friends are a very rare jewel, indeed. They make you smile and encourage you to succeed. They lend an ear, they share a word of praise, and they always want to open their hearts to us.

Show your friends how much you care. Remember to always be there for them, even when you need them more. For you never know when it may be their time to

# The WORKS!

October Birthday's... Oct 9: Raiford Box V Oct 12: Alicia Hicks Oct 19: Carlton Mark Avery II Oct 20: Samuel Reeves. Sr. Oct 21: Susi Miller Oct 28: Joanne McKimm Oct 28. Desireé Walker Oct 30: James Miller



'Keep your fork.'

Cherish the time you have , and the memories you share

being friends with someone is not an opportunity but a sweet responsibility.

Send this to everyone you consider a FRIEND even if it means sending back to the person who sent it to you.

And keep your fork.

#### Clean Your House In 19 Minutes, continued

lows and folded the throws, you're halfway home. If you pop in a CD while you dust, you should be able cover the whole room by the end of the third track.

- Pick up crumbs and dust bunnies with a handheld vacuum (one minute).
- Fluff the cushions and fold throws after use (two minutes).
- Wipe tabletops and spot-clean cabinets when you see fingerprints (one minute).



# Jesus Pillow

http://www.kidssundayschool.com/ Gradeschool/Crafts/1craft10.php by Renee

As children drift off to sleep, they think about Jesus

#### Materials:

White pillow case for each child Colored Permanent Markers Cardboard insert for each child Blank sheets of 8 1/2 X 11 paper

#### **Duration:**

Approximately 20 minutes

#### **Preparation:**

Depending on the age of the children, you may want to draw the picture on the pillowcase and have them color it in. Older children can do the entire project by themselves.

Insert the piece of cardboard into the pillowcase; this will keep the marker from going through to the other side of the pillow. You may want to have the children practice their designs on a blank sheet of paper first.

#### What you will do:

Give each of the children in your class a pillowcase (and cardboard insert). On one side, have the children draw a large picture of a smiling sunrise. Have the kids write the words "Rise and shine, give God the glory, glory, children of the Lord." around the smiling sunrise.

Once complete, flip the pillowcase over and draw a picture of a rainbow. Have the children write, "Watch over me as I sleep, sweet Lord Jesus.

#### What you will say:

Each morning when you wake up, turn your pillow over to the side that says "Rise and shine, give God the glory, glory, children of the Lord." This will remind us to give God thanks for each day. When you get ready to go to sleep turn the pillow over to the side that says, "Watch over me as I sleep, sweet Lord Jesus." with God watching over us, we know we'll have a good nights sleep.

# The WORKS!



BLESSED IS HE Read Matthew 21: 1-11 KJV

Then fill in the correct words using the numbered clues below.

- 1. What did the people cut down from the trees? (verse 8)
- 2. The people said, "Blessed is He who comes in the name of the ?" (verse 9)
- 3. The whole city moved when Jesus came into what city? (verse 10)
- Where did the people put the branches from the trees? In the \_ (verse 8)
- 5. Who would come meek and sitting on an ass? thy \_\_\_\_\_ (verse 5)
- 6. What did the people spread in the way? (verse 8)
- 7. What did Jesus come riding on? (verse 7)

What did the crowds shout when Jesus rode past them on a colt?







## **Upcoming Events Calendar**

#### Sunday, October 5:

Special Morning Celebration, Join us as we honor Deacon Robert Anderson, chairman of our Deacon Board. There will be a luncheon immediately following the Morning Celebration.

#### Sunday, October 5:

Friends & Family Day, Spread the word and invite all your family and friends to come to this special celebration. Our special guest speaker will be Elder Calvin Wiley, Emmanuel Temple Church, Kennett Square, PA.

#### Sunday October 12:

2008 Making Strides Agains Breast Cancer - Wilmington, DE If you would like to participate in the walk or give a donation towards this cause, please see Sister Wendi Box.

#### Thursday, October 23

The Women of Wisdom Choir will have rehearsal at 7:30 pm. Women of ALL ages are encouraged to be in attendance. Please join us!!!

Wednesday, October 29:

7:00 pm, Leadership Training

Saturday, November 1: 7:00 pm, Mighty Men - Prayer Meeting

**Tuesday, November 25:** 7:00 pm, Leadership Training

**Tuesday, December 9:** 7:00 pm, Leadership Training

#### Saturday, December 13:

All roads lead to New York for a day of shopping and fun. Sponsored by the Shepherd's Care Ministry. More details will follow..

#### Wednesday, December 31:

10:00 pm, New Year's Eve Celebration, Details to Follow.

Please see the weekly Bulletin for updates and changes. Please see the website for more information and maps for our Fellowship Outreach. If you an event you would like on the calendar, please submit it to newsletter@GWMinistries.net

Remember: In case of inclement weather or for updates please, call the church 610-444-5581.

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Weekly Church Schedule as of January 6, 2008							
Sun	Моп	Tue	Wed	Thu	Fri	Sat	
			Corporate Fast Day 8:00 am to 2:00 pm				
Leadership Prayer (2nd Sun. ea. Mo.) 8:45 am							
Christian Education (Ages 4 and up) 9:30 am							
Christian Education Teacher's Training (3rd Sun. ea. Mo.) 9:30 - 10:30 am			Living Waters Noon - 3:00 pm				
Sanctuary Prayer 10:35 am		Discipleship Training (Ages 4 and up) (1 st 3 Tues. ea. Mo.) 7:00—8:00 pm	Woman of Wisdom (tba.) 7:00 pm				
Morning Celebration 10:45 am		Leadership Training (4th Tues. ea. Mo.) 7:00 pm					
Evening Service 2nd & 4th Sun. 5:00 pm (unless noted for special events)		Totally Radical & Live (5th Tues. ea. Month when announced) 7:00pm-8:30pm	Bible Class at Praying Ground (3rd Wed. ea. Mo.) 7:30 pm		Midnight Cry 12:00 am - 1:00 am (when announced)	lota-Sigma-lota Men's Fellowship (4th Sat. ea. Mo.) 7:00 pm	

The Greater Works Newsletter is our outreach to members & guests. Monthly issues are produced in hardcopy and archived web. Included in the newsletter are writings from Church members, ministry activities & special events, our upcoming events calendar, prayer requests, and more. If you have presentations for, or questions about, the newsletter, contact our newsletter editor, at <u>newsletterQOWMinistries.net</u>.

# Greater Works Ministries



Our Mission is to provide an atmosphere where God is glorified, members are edified, and our community is ministered to, spiritually and educationally, and enriched through the experience of abundant life.

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