Greater Works Ministries

Volume 3, Issue 5 - November 2008



give God

ing season, let us always remember to

ings He gives us daily. We are not to become dissatisfied by focusing on the things we don't have. Let us be thankful and content for our lives, health, jobs, family and friends. They are truly gifts from God. Re-

blessings daily, so we should remember to thank Him daily.

Be blessed, Lady Avery

## the Month

The Lord is my shepherd; I shall not want. Psalm 23:1



### Cyber Study

For those of you who are web savvy and unable to attend our weekly Discipleship Training session, I have an important announcement for you. You no longer have to miss out on the opportunity to receive instruction. All you need is an active e-mail address and you will receive each updated weekly lesson. If you are interested in this wonderful opportunity, please send an e-mail to <u>REVGWM@aol.com</u> and note in the subject area "Cyber Study."

### **Christian Education**

The Christian Education Department embarked on it's Fall Semester Sunday, September 7, 2008. We have classes for all ages, Kindergarten, Elementary, Jr. and Senior High and Adult. We are anticipating an exciting year of learning more about our Lord and Savior Jesus Christ.

Our Mission is to meet the needs of all students providing them with knowledge about the biblical scriptures enabling them to master the word of God, and apply it to their daily lives.

On August 16, 2008 the Christian Education Department traveled by chartered bus to Knoebels Amusement Park in Elysburg, PA. A good time was enjoyed by all.

We desire your prayers during the 2008 and 2009 session of classes.

Elder E. Richard McKim Christian Education Director



#### Christian Marriage Ministry http://www.cmm-stl.org/

Christian Marriage Ministry (CMM) is a non-denominational religious organization founded to provide Christian Education to married couples and families. We are based in St. Louis, Missouri. This ministry lives to be an instrument of the Holy Spirit in obedience to the great commission of our Lord. CMM is a not-for-profit organization which is supported by voluntary, tax deductible contributions. Click here to find out how to support Christian Marriage Ministry.

#### Crosswalk.com

#### <u>http://www.crosswalk.com/</u>

The Intersection of Faith and Life. We are a for-profit religious corporation dedicated to building up the Church, which is the Body of Christ. As a Christcentered, for-profit corporation, we will create value for our customers, employees and shareholders by: Bringing glory to God in all that we do; Equipping people to grow in their faith and the practical application of it in their lives; Enhancing fellowship, communication and relationship-building within the Christian community; and Encouraging and enabling personal involvement in the care of those who are spiritually, emotionally, physically or financially poor.

### Laugh & Lift

#### http://www.laughandlift.com

Bringing smiles and encouragement to Christians since 1997. the Laugh & Lift Email List, which provides a free daily email containing both a Lift (inspirational/assorted Christian material) and a Laugh (clean humor). In 2008, I restructured the website to make the email list the clear primary focus of the Laugh & Lift ministry. Laugh & Lift as a ministry has been run solely by myself out of my room as a personal ministry that the Lord has entrusted to me. I am truly humbled and in great awe of all the Lord has done with both myself and Laugh & Lift - and I look forward to all He has yet to do.

### PennDOT Encourages Motorists to 'Steer Clear'

#### 10/2/2008-general

HARRISBURG – To improve safety during roadside incidents, PennDOT is reminding motorists to move over.

The "steer clear" law requires drivers to move over or slow down when they encounter an emergency scene, traffic stop or disabled vehicle. If drivers cannot move over because of traffic or other conditions, they must reduce their speed.

"This is a very important law because it can save lives," said PennDOT Secretary Allen D. Biehler, P.E. "While it may seem like common sense, many motorists speed by these incidents. We need all drivers to remember to move over since this law is designed to provide added safety for those people responding to situations along our roadways."

Motorists must move over or reduce their speed when they see emergency responders, including law enforcement, fire officials, emergency medical technicians, tow truck operators or highway workers.

The law applies any time an emergency vehicle has its lights flashing or where road crews or emergency personnel have lighted flares, posted signs or other traffic control devices. Failure to move over or slow down can result in a summary offense that carries a fine of up to \$250. In addition, fines will be doubled for traffic violations occurring in these areas. If that violation leads to a worker being injured, a 90-day license suspension could result.

In cases where law enforcement may not be present, the law allows road workers and emergency responders to report violations by motorists. Law enforcement can issue citations based on these reports.

More than 1,800 citations have been issued since the law went into effect in 2006. For more information regarding the "steer clear" law, visit: www.dot.state.pa.us.





### Working Replica of Noah's Ark

#### Submitted by Pastor Mark Avery

### http://www.pbase.com/paulthedane/ noahs\_ark

This is truly amazing! One cannot even imagine the work, time, and money that went into this venture. It's also amazing to see how large this is - and



that the fact it is to scale of biblical times. Enjoy.

The massive central door in the side of



Noah's Ark was thrown open Saturday for the first crowd of curious Pilgrims and townsfolk to behold the wonder.



Of course, it's only a replica of the biblical Ark, built by Dutch Creationist Johan Huibers as a testament to his faith in the literal truth of the Bible. The ark is 150 cubits long, 30 cubits high and 20 cubits wide. That is twothirds the length of a football field and as high as a three- story house.



Life-size models of giraffes, elephants, lions, crocodiles, zebras, bison and other animals greet visitors as they arrive in the main hold. A contractor by trade, Huibers built the ark of cedar and pine - Biblical Scholars debate exactly what the wood used by Noah would have been. Huibers did the work mostly with his own hands, using modern tools and with occasional help from his son Roy. Construction began in May 2005.



On the uncovered top deck - not quite ready in time for the opening - will come a petting zoo, with baby lambs and chickens, and goats, and one camel. Visitors on the first day w ere stunned. 'It's past comprehension, ' said Mary Louise Starosciak, who happened to be bicycling by with her husband while on vacation when they saw The ark looming over the local landscape. 'I knew the story of Noah, but I had no idea the boat would have been so big.' There is enough space near the keel for a 50-seat film theater where kids can watch a video that tells the story of Noah and his ark.



Huibers said he hopes the project will renew interest in Christianity in the Netherlands, where church going has fallen dramatically in the past 50 years. "If You Need Help, Ask God. If You Don't, Thank God".. 'Surely goodness and mercy shall follow me all the days of my life; and I will dwell in the house of the Lord forever.' Psalm 23:6



When there is nothing left but God, that is when you find out that God is all you need. Live today to the fullest because tomorrow is not promised.

Now that I am old and gray...give me the time to tell this new generation (and their children too) about all your mighty miracles.

Psalm 71:18





### A View from the Voting Trenches



Written by Sister Tacie Himelright

This is a very important election and voting lines are expected to be long. This H makes for frustrated and cranky voters. Y So before you get too frustrated take this look at voting from the other side of • the table.

Starting from the outset you are bombarded with people trying to give you information. For voters who know the issues and know the candidates this is very annoying. I know. I've been on both sides of this table many times. As a voter, I found it annoying. As a Committeewoman, we are there to hand out information for candidates. It's a job that has to be done. The best way to handle this is just say "no thank you."

Long lines are never pleasant. But being prepared you can either take advantage of your time in line or avoid the long lines. If you are planning on voting after work, be prepared, this is the busiest time. Expect to stand a while and wear comfortable shoes. Bring an activity to keep you occupied while waiting in line like a book to read, music to hear, or even puzzles.

When you get to the table to vote, remember, these folks have been up as long as you have been, maybe even longer. The polls are open for voters promptly at 7:00 am. By the time you get to the polls the members of the Election Board have already been to Voter Services, picked up the required materials, accepted a delivery of the voting machines, set up the voting machines, set up tables and chairs and signs. Don't forget, once these folks get the polls they are required to be there until 8 pm without leaving - for anything. Food and bathroom breaks are squeezed in when there are few voters.

The polls are open until 8:00 pm. If you are in line at 8:00 pm you will be al-

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lowed to vote. The Judge of Elections will create a "cut off person" at 8:00 pm. There are various ways this is done depending on the size of the polls and the number of people on the Election Board. Everyone before the "cut off person" will be allowed to vote and anyone that comes after the 8:00 pm deadline will be refused.

Here are some quick tips for making your trip to the polls more pleasant.

- Vote at an "off" time. This would be before work, in the middle of the morning (around 10 am), or in the middle of the afternoon (around 3 pm).
- If you are voting after work, expect long lines. Bring a snack, bring a beverage, and bring something to keep you occupied while waiting (a book, an MP3 player, something portable). If you have your kids with you, bring something to keep them occupied while you wait.
- If you are voting before work, leave extra time to vote. You may not need it. Remember, long lines are expected for this election.
- If you are new to your polling place or voting for the 1st time have your ID out and ready - you voter's card, your driver's license, state ID card, and/or social security card.
- Be prepared to stand. If you have a problem standing, speak with the Judge of Elections. He or she will make the appropriate arrangements for you.
- Bring a sense of humor. This is important for many reasons. This is a highly emotional election. If you are voting at the end of the day the Election Board will appreciate the smile you are bringing with you.
- And most importantly don't forget to vote!





### The Five Finger Prayer

### Submitted by Sister Marlene Tinnin

This is so neat. I had never heard this before...This is beautiful - and it is surely worth making the 5 finger prayer a part of our lives.

1. <u>Your thumb</u> is nearest you. So begin your prayers by praying for those closest to you. They are the easiest to remember. To pray for our loved ones is, as C. S. Lewis once said, a "sweet duty."

2. The <u>next finger</u> is the pointing finger. Pray for those who teach, instruct and heal. This includes teachers, doctors, and ministers. They need support and wisdom in pointing others in the right direction. Keep them in your prayers.

3. The <u>next finger</u> is the tallest finger. It reminds us of our leaders. Pray for the president, leaders in business and industry, and administrators. These people shape ou r nation and guide public opinion. They need God's guidance.

4. The <u>fourth finger</u> is our ring finger. Surprising to many is the fact that this is our weakest finger; as any piano teacher will testify. It should remind us to pray for those who are weak, in trouble or in pain. They need your prayers day and night. You cannot pray too much for them.

5. And lastly comes our <u>little finger</u>; the smallest finger of all which is where we should place ourselves in relation to God and others. As the Bible says, "The least shall be the greatest among you." Your pinkie should remind y ou to pray for yourself. By the time you have prayed for the other four groups, your own needs will be put in to proper perspective and you will be able to pray for yourself more effectively.



### **PennDOT Reminds Drivers of Fall Hazards**

### 10/1/2008-General

HARRISBURG – PennDOT reminds motorists that the change in season warrants cautious driving. As fair weather fades, road hazards such as wet leaves, frost, and glare from sunlight during morning and evening rush hours can make driving more hazardous.

"As we transition into fall, nature presents drivers with some unique seasonal challenges," said PennDOT Secretary Allen D. Biehler, P.E. "Motorists need to slow down and pay closer attention to their surroundings. Increasing following distances and allowing extra room for stopping helps to decrease your chances of being involved in a crash."

Some fall hazards are predictable, such as the times for sunrise and sunset more closely align with morning and evening rush hours. Intense glare from the sun on the horizon can blind a driver, causing an unexpected traffic slowdown. Drivers can prepare for the glare by keeping a set of sun glasses handy and removing clutter from their sun visors.

A less predictable but still manageable hazard is leaves on the roadway. Leaves make driving more dangerous by obscuring traffic lines and other pavement markings. Wet leaves can be as slippery as ice on the roadway. Motorists should slow down and use extra caution on leaf-covered roadways.

As overnight temperatures dip toward freezing, morning frost and icy spots on the road can also be a hazard. Motorists should pay particular attention to bridges, overpasses and shaded areas on roadways where icy spots can form on the pavement. In addition to exercising caution while driving, motorists should clear their vehicles' windows of frost before travel.

PennDOT offers the following fall driving tips:

• Increase your following distance in severe weather, at dusk and dawn and when in an area with wet leaves. If you are being tailgated, let the other driver pass.

• Check your vehicle's headlights, taillights and turn signals to ensure they are working properly since darkness will be a part of many driver's morning and/or evening commutes. If your vehicle is not equipped with a sensor, make sure you turn on your headlights as the sunlight fades.

• Have your vehicle's heating and wiper systems checked to ensure they are working properly. As a reminder, under Pennsylvania law, when your wipers are on, your headlights must also be on.

• Be sure you have tires with sufficient tread depth in case of an early season snow.



As the temperature outside starts to drop, it is time to grab our winter coats as we head out the door. However; for some children, that is not an option as they don't have something to grab.

Thanks to Operation Warm and the hard work of Sister Anna Anderson, some of those children now have something to grab. Once again this year Sister Anderson and her "Coat Crew" distributed free coats to children in need. On Saturday October 11, 2008, from 9:00 am to Noon, a stream of families visited Greater Works to receive new coats for their children. Over 60 children were blessed to receive a coat.

Special Thanks to Sister Anna Anderson and her coat crew for their hard work and dedication to this great outreach program. "Coat Crew": Sister Susi Miller, Sister Tacie Himelright, Sister Elaine Warren, Deacon Ervin Warren, and Brian Broomell.



Well, the crooks have found a way to rob you of your gift card balance. If you buy Gift Cards from a display rack that has various store cards you

may become a victim of theft. Crooks are now jotting down the card numbers in the store and then wait a few days and call to see how much of a balance THEY have on the card. Once they find the card is "activated", and then they go online and start shopping. You may want to purchase your card from a customer service person, where they do not have the Gift Cards viewable to the public. Please share this with all your family and friends.

### **Daylight Savings Time**

Spring forward... Fall back....

It's ingrained in our consciousness almost as much as the A-B-Cs or our spelling reminder of "i before e...." In 2008, Daylight Saving Time is extended one month and begins for most of the United States at:

2 a.m. on Sunday March 9

to

### 2 a.m. on Sunday November 2

One of the biggest reasons we change our clocks to Daylight Saving Time (DST) is that it saves energy. Energy use and the demand for electricity for lighting our homes is directly connected to when we go to bed and when we get up.



### FOR YOUR HEALTH

## medsmarts

ESSENTIAL INFO ON MEDICATIONS & THERAPIES

### **Probiotic Power**

Submitted by Sister Margaret Hicks Written by Stacy Colino <u>http://www.remedylife.com/general/</u> <u>articles/content?cid=1500&ctid=2</u>

Here's how to harness the positive power of bacteria.

Can making yogurt a part of your everyday diet keep the doctor away? It just might – that is, if you eat enough of it and if it contain plenty of the right stuff. While many of us go out of our way to avoid exposing ourselves to bacteria and to kill any we do come in contact with, the truth is that swallowing certain bacteria – probiotics, which are often present in yogurt, kefir (a drink made with fermented milk) and acidophilus milk – could actually enhance your health.

Probiotics is a term for good bacteria, eaten in food or taken in supplements, that have been shown in clinical studies to benefit humans by improving various bodily functions. The good bacteria you consume prevent the bad bacteria you come in contact with from flourishing and gaining a foothold in different parts of your body where they can cause illness or disease, explains Manfred Kroger, Ph.D., professor emeritus of food science at Penn State University in University Park, PA. "Good bacteria help stabilize our bodies; daily processes." About a dozen bacterial species have specific strains that have been identified as probiotic. For example, a strain call Lactobacillus rhamnosus isn't necessarily probiotic, but two strains of it. L. thamnosos GG and L. rhamnosis GR-1, are, because they have been shown in human studies to provide benefits. Other probiotics include Lactobacillus acidophilus, Lactobacillus casei, Lactobacillus reuteri and Bifidobacterium.

### The Good Bugs' Benefits

Evidence suggests that probiotics can promote gastrointestinal health, possibly warding off infections such as traveler's diarrhea and food poisoning (think Listeria, Campylobacter or Salmonella), and getting rid of diarrhea that stems from viruses, antibiotics or potent drug treatments.

Research also suggests that regular consumption of certain probiotics can improve irritable bowel syndrome and lactose intolerance, and may prevent stress-related gut problems and help treat infection with *H. pylori* (the culprit behind most stomach ulcers).

Last September, researchers at the Lawson Health Research Institute in Canada reported that consuming yogurt supplemented with *L. rhamnosus* GR-1 and *L. reuteri* RC-14 for 30 days produced significant anti-inflammatory effects in people with inflammatory bowel disease. The researchers believe that the probiotics provided benefits by modulating immunity in those taking them.

Meanwhile, evidence that these beneficial bacteria can also help elsewhere in the body has begun to trickle in. Recently, research at the University of Milan in Italy found that when women with bacterial vaginosis (a bacterial infection in the vagina) used a Lactobacillus acidophilusbased douche for six days, in almost all cases the infection cleared up and a normal vaginal environment was restored. Research at the Lawson Health Research Institute found that oral treatment with the probiotic L. rhamnosus GR-1 and L. reuteri RC-14 provided similar benefits.

"Probiotics may reduce urogenital infections through the production of infection • inhibitors and by reducing the adhesion of harmful bacteria to the lining of cells in the bladder and vagina," explains Michael Doyle, Ph.D., director of the Center for Food Safety at the University of Georgia • in Griffin.

### **Wisdom for Walking**

### The Right Shoes

Selecting the right pair of walking shoes is crucial to an effective and comfortable workout.

A good pair of sneakers should have:

- Good arch support
- Appropriate tread
- Plenty of durability
- Flexibility
- Cushioning

And above all, your shoes should be comfortable!!!

### Walking Towards Wellness

- Quicker, smaller steps will cover more ground. Longer strides can tire your muscles.
- Strike the floor with the heel of your shoe onto the ball of your foot and aim to push off with your toes.
- Proper arm posture includes a 90degree bend. This will put your arm in an "L" position opposed to having your arms straight at your sides. Your arm speed controls your leg speed while walking- so remember to "swing" your arms during your walk.
- Control your breathing, take full breaths and exhale completely. Remember to inhale through your nose and exhale through your mouth.
- Exercise should never be painful. If you feel any pain during the activity, slow down or stop exercising. Seek medical assistance if the pain does not go away.
- When walking uphill, take smaller strides, leaning into the hill. If the hill is really steep, zigzag up the hill to make it easier on your legs.
- Look up! Good posture for walking allows you to breathe well. Your chin should be paral-

lel to the ground, and your eyes should focus on the street or track 10 to 20 feet ahead.





### FOR YOUR HEALTH

### Making the Most of Your Workout

### Work It!

A muscle workout while you walk.

You don't have to lift weights to tone • your muscles. In fact, there are simple exercises you can use while walking that can do wonders.

Define your muscles with the tips below- to avoid any strains or discomfort, only perform one of the exercises at a time while you walk. Hold each exercise for 15 seconds, release, and repeat until the end of your walk. After you feel more comfortable doing each, you may want to perform the exercises together.

- Tighten your tush. While you walk, try to squeeze your buttocks together- squeezing your gluts strengthens your lower back and sculpts your backside.
- Squeeze your abs. Pull your abs in and up, as if you're zipping up tight jeans. This provides a wall of muscular support for your lower back and automatically improves your posture.

### **Pumping Iron**

Completing your fitness routine.

While walking is a great cardiovascular and lower body workout, don't forget that your upper body needs attention as well. Another excellent way to exercise all your muscle groups is through strength training. This type of training can improve your:

- Strength
- Muscle tone/size
- Muscular endurance/coordination
- Cardiovascular fitness
- Flexibility

### The Numerous Benefits of Walking

- Weight management
- Controlling blood pressure by strengthening your heart through exercise
- Decreasing your risk for heart attack and stroke
- Prevention of depression, colon cancer, constipation & osteoporosis
- Lower stress levels
- Relieve arthritis and back pain
- Improve sleep
- Elevate overall mood and sense of well being

### Keep it Consistent!

A consistent routine is the most important factor in getting the most from your exercise program. Walking for 30 minutes 5 times a week is recommended!

### Pulse & Target Heart Rate

### Get Pumped!

Your pulse is the number of times your heart beats in one minute- also known as your heart rate. Knowing how to take your pulse can help you evaluate your fitness level. For children ages 6 to 15, a normal resting heart rate is 70 to 100 beats per minute. For adults 18 and older, a normal resting pulse is 60 to 100 beats per minute- if you exceed 100 beats per minute, don't panic, but do see a doctor.



How to take your pulse

- Place the tips of your index, and middle fingers on the palm side of your other wrist, below the base of the thumb. Or, place the tips of your index and middle fingers on the side of your neck, underneath your jawbone.
- Press lightly with your fingers until you feel the blood pulsing- you may need to move your fingers around slightly until you feel the pulsing.
- 3. Look at a watch or clock with a second hand.

AGE	TARGET HEART RATE ZONE (beats per minute) 50 - 75%	AVERAGE MAX HEART RATE (beats per minute) 100%
20 years	100 - 150	200
25 years	98 - 146	195
30 years	95 - 142	190
35 years	93 - 138	185
40 years	90 - 135	180
45 years	88 - 131	175
50 years	85 - 127	170
55 years	83 - 123	165
60 years	80 - 120	160
65 years	78 - 116	155
70 years	75 - 113	150

### Remember!

Talk to your doctor before starting a new exercise program. Once you do have the "OK" to begin an exercise program, don't just dive into a routine. Make sure that you are properly informed on the correct techniques. Ultimately, supplementing your walking routine with a strength training program is an excellent way to optimize your fitness level and overall health!



### ATTORNEY'S ADVICE NO CHARGE

Read this and make a copy for your



files in case you need to refer to it someday. Maybe we should all take some of his advice!

A corporate attorney sent out the following

to the employees in his company:

1. The next time you order checks, have only your initials (instead of first name) and last name put on them. If someone takes your checkbook, they will not know if you sign your checks with just your initials or your first name, but your bank will know how you sign your checks.

2. Do not sign the back of your credit cards. Instead, put "PHOTO ID RE-QUIRED".

3. When you are writing checks to pay on your credit card accounts, DO NOT put the complete account number on the "For" line. Instead, just put the last four numbers. The credit card company knows the rest of the number, and anyone who might be handling your check as it passes through all the check processing channels won't have access to it.

4. Put your work phone number on your checks instead of your home phone. If you have a P.O. Box, use that instead of your home address. If you do not have a P.O. Box, use your work address. Never have your SS# printed on your checks (DUH!). You can add it if it is necessary. But, if you have it printed, anyone can get it.

5. Place the contents of your wallet on a photocopy machine. Do both sides of each license, credit card, etc. You will know what you had in your wallet and all of the account numbers and phone numbers to call and cancel. Keep the photocopy in a safe place. I

also carry a photocopy of my passport when I travel either here or abroad. We've all heard horror stories about fraud that's committed on us in stealing a name, address, Social Security number, credit cards. Unfortunately I, an attorney, have firsthand knowledge because my wallet was stolen last month. Within a week, the thieve(s) ordered an expensive monthly cell phone package, applied for a VISA credit card, had a credit line approved to buy a Gateway computer, received a PIN number from DMV to change my driving record information online, and more. But here's some critical information to limit the damage in case this happens to you or someone you know:

a. We have been told we should cancel our credit cards immediately. But the key is having the toll free numbers and your card numbers handy so you know whom to call. Keep those where you can find them.

b. File a police report immediately in the jurisdiction where your credit cards, etc., were stolen. This proves to credit providers you were diligent, and this is a first step toward an investigation (if there ever is one). But here's what is perhaps most important of all: (I never even thought to do this.)

c. Call the three national credit reporting organizations immediately to place a fraud alert on your name and Social Security number. I had never heard of doing that until advised by a bank that called to tell me an application for credit was made over the Internet in my name. The alert means any company that checks your credit knows your information was stolen, and they have to contact you by phone to authorize new credit.

By the time I was advised to do this, almost 2 weeks after the theft, all the damage had been done. There are records of all the credit checks initiated by the thieves' purchases, none of which I knew about before placing the alert. Since then, no additional dam-

age has been done, and the thieves threw away my wallet. This weekend, someone turned it in. It seems to have stopped them dead in their tracks.

Now, here are the numbers you always need to contact about when your wallet, etc., has been stolen:

 Equifax: 1-800-525-6285
Experian (formerly TRW): 1-888-397-3742

 Trans Union: 1-800-680-7289
Social Security Administration (fraud line): 1-800-269-0271

We pass along jokes on the Internet; we pass along just about everything. But, if you are willing to pass this information along, it could really help someone about whom you care.

Jesus and Satan were having an ongoing argument about who was better on the computer. They had been going at it for days, and frankly God was tired of hearing all the bickering.

Finally fed up, God said, "THAT'S IT! I have had enough. I am going to set up a test that will run for two hours, and from those results, I will judge who does the better job."

So Satan and Jesus sat down at the keyboards and typed away.

They moused.

They faxed.

They e-mailed.

They e-mailed with attachments.

They downloaded.

They did spreadsheets!

They wrote reports.

They created labels and cards.

They created charts and graphs.

They did some genealogy reports. Continued on Page 11



### **Marriage Works 2008**

Having a conference for couples with



great marriages, good marriages, couples with problems, couples in crisis, newlyweds and engaged couples sounds like a great idea. Elder

Rufus and Sister Beverly Peterson saw this need six years ago and Marriage Works was born at Greater Works Ministries. Couples are still benefiting from this wonderful conference six years later because of their dedication and hard work. The nineteen couples who attended the Sixth Annual Marriage Works Conference benefited from this year's theme, "Living in Harmony."

Everyone gathered at the Hilton Garden Inn in Kennett Square at 2:00 pm. After each couple chose a beautifully decorated broom for the closing ceremony, it was time for fellowship and refreshments. Pastor Mark Avery welcomed everyone to the conference and Elder Richard McKim opened the conference with the blessing. Dr. David Fairley was the first presenter. He was very amused when Elder Peterson's laptop projected a Photoshopenhanced image of Dr. Fairley as a New York Knicks player, on the court in uniform. As he has done before, Dr. Fairley gave a wonderful and inspiring presentation to Marriage Works.

After a short break the men and women split into breakout sessions. Pastor Avery led the women as Elder Ronald Henry led the men. Sessions were designed to help to each group increase understanding and empathy for the other. Men and women were then reunited to enjoy a delicious dinner. A rousing game of the "Price is Right" followed with men pricing the women's items and the women pricing the men's with help from an enthusiastic audience. It was much fun for all.

Elder McKim led the group in Praise & Worship and the eldest daughter of Elder Ernie Stevens sang "How Great is Our God." Elder Stevens delivered the final presentation to that related his experience and leadership in a touching and sometimes amusing manner that reached every couple. The Reaffirmation Ceremony followed in which all couples joined in the jumping of the broom. Pastor Avery closed the evening with a blessing and happy and enlightened couples returned home blessed.

### Southern Apple Crumble

#### Filling

1

1

- 3 large apples, peeled, coarsely chopped (about 3 cups)
- 1/2 cup granulated sugar
- 1/4 cup packed brown sugar
  - to 2 teaspoons ground cinnamon
- 1/4 cup cold butter or margarine, cut into small pieces

#### Topping

- pouch (1 lb 1.5 oz) Betty Crocker® oatmeal cookie mix
- 1/2 cup butter or margarine, melted
- 1/2 cup chopped pecans

#### Preparation

- Heat oven to 300°F. Spray bottom and sides of 8-inch square (2quart) glass baking dish with cooking spray. In large bowl, toss filling ingredients. Spread mixture in baking dish.
- In same large bowl, stir cookie mix and melted butter until crumbly. Sprinkle over filling.
- Bake 40 minutes. Remove from oven; sprinkle with pecans. Bake 15 to 20 minutes longer or until topping is golden brown. Serve warm or at room temperature.





#### The Beatitudes for Married Couples

- Blessed are the husband and wife who continue to be affectionate, considerate and loving through all the days of their life together.
- Blessed are the husband and wife who have a sense of humor, for this will be a handy shock absorber.
- Blessed are they who love each other more than any other person in the world, and who joyfully fulfill their marriage vow of a lifetime of fidelity as husband and wife.
- Blessed are they who thank God for their blessings and who set aside some time each day for the reading of the Bible and prayer.
- Blessed are they who never speak harshly to each other and who make their home a place of mutual encouragement and love.
- Blessed are the husband and wife who can work out their problems without interference from their relatives
- Blessed are the husband and wife who dedicate their lives and their home to the advancement of Christ and his kingdom.

Author Unknown Submitted by Sister Beverly Peterson



### **Best Known Bible Translations**

Every Sunday and Tuesday Pastor will read a passage from the King James Version of Bible. The King James Version is an English translation of the Bible first published in 1611 and then again 1629, 1638, 1762, and 1769. It is the 1769 edition which is most commonly cited as the King James Version (KJV). But because it was translated in 1700's the language in the passages can sometime be confusing. What happens when you are at home at midnight and you need some help with a passage? Calling Pastor at midnight might not be the best idea, but maybe there might be another way. Below is a list of various translations of the Bible that might help with a translation until you can get some guidance.

#### American Standard Version (ASV)

The American Standard Version, also known as the Standard American Edition, Revised Version, is a revised version of the KJV. It was completed in 1885 and newly edited by the American Revision Committee in 1901. word-for-word

#### Holman Christian Standard (CSB)

The HCS is a highly readable, accurate translation written in modern English. It is published by Holman Bible Publishers, the oldest Bible publisher in America. word-for-word

#### English Standard Version (ESV)

The ESV Bible is a relatively new Bible translation that combines word-for-word precision and accuracy with literary excellence, beauty, and readability. word-for-word

### Good News Translation (GNT)

The Good News Translation was first published in 1976 by The New Revised Standard is a popular translation that the American Bible Society in a "common language." The simple, everyday language makes it especially popular for Standard Versions. It was written with the goal of preservchildren and those learning English. thought-for-thought

### King James Version (KJV)

The KJV is the first version of Scripture authorized by the Protestant church and commissioned by England's King James I. word-for-word

### The Message (MSG)

The Message is a paraphrase from the original languages he Revised Standard Version is a revision of the King written by Eugene, H. Peterson. The Message provides a fresh and unique Bible-reading experience. thought-for-thought; paraphrase

### New American Standard (NAS)

The NAS is written in a formal style, but is more readable than the King James Version. It is highly respected as the most literal English translation of the Bible. word-for-word

### New International Version (NIV)

The NIV offers a balance between a word-for-word and thought-for-thought translation and is considered by many as a highly accurate and smooth-reading version of the Bible in modern English.

Combination word-for-word and thought-for-thought

#### New King James Version (NKJ)

The NKJ is a modern language update of the original King James Version. It retains much of the traditional interpretation and sentence structure of the KJV. word-for-word

### New Living Translation (NLT)

Using modern English, the translators of the NLT focused on producing clarity in the meaning of the text rather than creating a literal, word-for-word equivalence. Their goal was to create a clear, readable translation while remaining faithful to original texts. thought-for-thought

### New Revised Standard (NRS)

follows in the traditions of the King James and Revised ing the best of the older versions while incorporating modern English.

word-for-word and thought-for-thought

#### Douay-Rheims (RHE)

The Douay-Rheims is the translation upon which nearly all English Catholic Bible versions are based. It includes the seven Deutero-Canonical books (also known as the Apocrypha).

word-for-word from Latin Vulgate

#### Revised Standard Version (RSV)

James Version, the Revised Version, and American Standard Version. This text is intended for both private reading and public worship.

word-for-word using modern American language





### Focus on Our Youth - Joshua Warren

and precious and our "greatest joy is when the starters were called onto the to see those whom God has trusted in field, Josh was among them. As Josh his care, walking in truth and flourishing in their walk." We encourage

them to be everything that they can be by using the special talents and gifts that each possess.

One of Joshua Warren's special gifts is to be 6' 1" at age 14. This made it difficult to find a football league in which to play as he was considered too large to play with his peers and too young to play in the older leagues. As a freshman at Kennett

High School, Josh has found his place. Usually freshmen don't get to play with the varsity team, but because of his size and skill, Joshua has become the exception. Josh is a starting quarterback for the Kennett Demon's varsity Football team. According to his proud parents, Deacon Ervin and Sister Elaine Warren, and according recent writeups in the Daily Local News, Joshua Warren is doing guite well.



Every one of our children are special During the Homecoming celebration reported to Sister Elaine with surprise and awe, "they called me out onto the

> field Mom and everyone cheered for me!" Nevertheless, Joshua is humble about his success. When the winning team was interviewed by a local newspaper, many players spoke of their accomplishments, but Josh showed a great maturity and humbleness by replying, "We played well as a team."

Our children are our greatest assets, deserving

to be treated with care, love and respect. With continued blessings, hard work and good grades, maybe some day in the not to distant future Josh Warren will be on everyone's Fantasy Football wish list. Right now, he is a favorite in our Reality Football List, and he has always been a cherished member of Greater Works Ministries.

A Joyful 'toon by Mike Waters

### TRAVEL PLANS



behold, now is the accepted time; behold, now is the day of salvation. - II CORINTHIANS 6:2 KIV

November Birthday's... Nov 3: Raiford Box IV Nov 12: Leslie Tinnin Nov 15: Pastor C. Mark Avery Nov 20: Kaileigh Tinnin November Anniversaries... Nov 6: Deacon James & Sister Susi Miller Nov 25: Pastor Mark & Lady Cheryl Avery

The WORKS!

They did every job known to man.

Jesus worked with heavenly efficiency, and Satan was faster than Hades. Then, ten minutes before their time was up, lightning suddenly flashed across the sky, thunder rolled, rain poured, and, of course, the power went off.

Satan stared at his blank screen and screamed every curse word known in the underworld. Jesus just sighed.

Finally the electricity came back on, and each of them restarted their computers. Satan started searching frantically, screaming: "It's gone! It's all GONE! "I lost everything when the power went out!"

Meanwhile, Jesus quietly started printing out all of his files from the past two hours of work.

Satan observed this and became irate.

"Wait!" he screamed. "That's not fair! He cheated!

How come he has all his work and I don't have any?"

God just shrugged and said,

"JESUS SAVES"





### Truth Key Rings

You Need:

Key Ring Pony Beads Letter Beads

3' Satin Cord (longer for longer words)

Instructions:

Step 1. Fold cord in half and half hitch to a key ring by placing the folded end down



through the ring and drawing the cord ends down through the folded end loop. (see diagram to left)

Step 2. String the top bead onto both cords and push up to the key ring.

Step 3. Lace the first row of three beads onto one cord. Lace the other cord

R

U

T

H

through the same beads in reverse order. Pull both

cords snugly.

Step 4. Continue with the next row of three beads using 1 colored bead, then one letter bead, and then 1 colored bead. Pull both cords snugly. Repeat this step until you have laced all the rows letter rows

Step 5. Repeat step 3 for the final row. Tie off.

Step 6. Lace two pony beads on each cord. Tie off. Trim cords.

Alternative Words: FAITH JESUS JOY HEAVEN LOVE

$\mathbb{N}$	Н	Э	Э	α	s	ອ	М	$\wedge$	Ζ	Ο		$\wedge \wedge$	٦	Ы
$\times$	Н	Ж	$\wedge \wedge$	$\forall$	$\wedge$	0		В	н	$\wedge$	$\forall$		Н	Ξ
	Ж	8	$\forall$	В	D	D	Ν	$\wedge$	Э	$\wedge$	D	Ζ		Я
9	Ν	$\exists$	A	อ	Х	$\forall$	0	К	A	Γ	Ö			N
s	0	M	Ν	Я	[A]	d	М	Ν	۸	Ξ		Ð	Ö	$\forall$
В	_	Т	Х	Ξ	Ν		0	0	Э	Э	н		ອ	٨
9	Я	8	Т	Я	α	s	٦	Μ	Ν	Т		Т	Ν	Я
Е	9		Ö	s	٦	9	0	s	Э	d	۸	D	Т	Я
Ь	A	Э	Я	Т	Ξ	В	s	0	Ν	Э	Ν	Ζ	Ч	0
s	$\wedge \wedge$	Т	٦	Я	К	н	Π	$\bot$	Ν	$\forall$	[A]	[N]	s	M
٦	Ν	Т	н	Ν		s	Т	Ξ	Я	Я	0	в	A	٦
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### **Do Not Worry!**

<sup>-</sup>he WORKS

Jesus tells us not to worry about our life, and to consider how God feeds the birds, and dresses the lilies.

You can find all the words in this word search mentioned in Matthew 6:25-34. They can be across, down, or diagonal, and backwards.

Т	0	Μ	0	R	R	0	W	Е	Ρ	Μ	G	S	Q	Ι
Y	D	V	0	С	V	W	Α	Ν	в	Α	S	R	D	в
Ν	С	в	Α	R	L	т	М	J	R	Е	G	R	0	S
w	Е	Е	L	в	U	0	R	т	Ν	Е	I	Α	Е	W
L	Α	в	0	R	R	F	т	S	С	Ν	н	Ι	Ν	L
w	S	М	М	Α	Ν	т	U	н	κ	R	L	т	W	S
0	Ρ	Ζ	Ν	Ε	Ν	0	S	в	Ε	Ι	R	Ε	Α	Ρ
R	Ι	D	v	Ρ	Ε	S	0	G	L	S	Q	U	G	F
R	Ν	Ι	0	т	Ν	W	L	S	D	R	Ι	в	κ	G
Y	G	J	н	G	Ε	0	0	D	Ν	Е	X	Ι	F	в
Α	Q	G	I	Ε	V	Ν	М	Ρ	М	R	Ν	W	0	S
Ν	Ι	S	Q	J	Α	κ	0	Α	X	G	Α	Ε	Ν	G
R	J	Z	D	v	Е	v	Ν	D	D	в	Α	в	κ	D
F	н	0	Α	v	н	в	U	0	v	Α	w	κ	н	X
Р	L	W	М	D	Ζ	V	М	G	S	D	Е	Е	F	М



BARNS	GROW	RIGHTEOUSNESS
BIRDS	HEAVEN	SOLOMON
CLOTHES	KINGDOM	SOW
DRINK	KNOWS	SPIN
EAT	LABOR	TOMORROW
FATHER	LILIES	TROUBLE
GIVEN	PAGANS	WORRY
GOD	REAP	FEEDS

### **Concentrate on this Sentence**

To get something you never had, you have to do something you never did. When God takes something from your grasp, He's not punishing you, but merely opening your hands to receive something better. Concentrate on this sentence.....

"The will of God will never take you where the Grace of God will not protect you."



### **Upcoming Events Calendar**

**Tuesday, November 25:** 7:00 pm, Leadership Training

### Tuesday, December 9:

7:00 pm, Leadership Training

### Saturday, December 13:

All roads lead to New York for a day of shopping and fun. Sponsored by the Shepherd's Care Ministry. More details will follow..

### Wednesday, December 31:

10:00 pm, New Year's Eve Celebration, Details to Follow.

Please see the weekly Bulletin for updates and changes. Please see the website for more information and maps for our Fellowship Outreach. If you an event you would like on the calendar, please submit it to

#### newsletter@GWMinistries.net

Remember: In case of inclement weather or for updates please, call the church 610-444-5581.

### Weekly Church Schedule

as of January 6, 2008

				-		
Sun	Моп	Tue	Wed	Thu	Fri	Sat
			Corporate Fast Day 8:00 am to 2:00 pm			
Leadership Prayer (2nd Sun. ea. Mo.) 8:45 am						
Christian Education (Ages 4 and up) 9:30 am						
Christian Education Teacher's Training (3rd Sun. ea. Mo.) 9:30 - 10:30 am			Living Waters Noon - 3:00 pm			
Sanctuary Prayer 10:35 am		Discipleship Training (Ages 4 and up) (1 st 3 Tues. ea. Mo.) 7:00—8:00 pm	Woman of Wisdom (tba.) 7:00 pm			
Morning Celebration 10:45 am		Leadership Training (4th Tues. ea. Mo.) 7:00 pm				
Evening Service 2nd & 4th Sun. 5:00 pm (unless noted for special events)		Totally Radical & Live (5th Tues. ea. Month when announced) 7:00pm-8:30pm	Bible Class at Praying Ground (3rd Wed. ea. Mo.) 7:30 pm		Midnight Cry 12:00 am - 1:00 am (when announced)	lota-Sigma-lota Men's Fellowship (4th Sat. ea. Mo.) 7:00 pm

The Greater Works Newsletter is our outreach to members & guests. Monthly issues are produced in hardcopy and archived web. Included in the newsletter are writings from Church members, ministry activities & special events, our upcoming events calendar, prayer requests, and more. If you have presentations for, or questions about, the newsletter, contact our newsletter editor, at <u>newsletterQOWMinistries.net</u>.

# Greater Works Ministries



Our Mission is to provide an atmosphere where God is glorified, members are edified, and our community is ministered to, spiritually and educationally, and enriched through the experience of abundant life.

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