"Something for the Pain" Complied by First Lady Kim Thomas Rapha Ministry, Pittsburgh, PA

# **God Omnipresent**

## Psalm 139:1-18

O Lord, thou hast searched me, and known me. Thou knowest my downsitting and mine uprising, thou understandest my thought afar off. Thou compassest my path and my lying down, and art acquainted with all my ways. For there is not a word in my tongue, but, lo, O Lord, thou knowest it altogether. Thou hast beset me behind and before, and laid thine hand upon me.... (read the rest of scripture)

## Jeremiah 1:5

Before I formed thee in the belly I knew thee; and before thou camest forth out of the womb – I sanctified thee, and I ordained thee a prophet unto the nations.

#### Jeremiah 29:11

For I know the thoughts that I think toward you – saith the Lord, Thoughts of peace, and not of evil, to give you an expected end.

## **The God of Encouragement**

There are so many attributes of god, that it seems mind-boggling to try to comtemplate them all. But a major theme throughout the Bible is God as an encourager. He lovingly sought to inspire His people to put their confidence and hope in him. In other words, God encourages His people because He loves us.

# Scriptures for Pain of Discouragement, Rejection, Hurt

#### **Psalm 147:3**

He healeth the broken in heart, and bindeth up their wounds

# John 14:1 –

Let not your heart be troubled: ye believe in God, believe also in me. In my Father's house are many mansions: if it were not so, I would have told you.

# Psalm 34:17

The righteous cry, and the Lord heareth, and delivereth them out of all their troubles.

# Psalm 91:15-16

He shall call upon me, and I will answer him: I will be with him in trouble; I will deliver him, and honour him. With long life will I satisfy him, and shew him my salvation.

# 3 John 1:2

Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.

## **James 1:6-8**

But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed. For let not that man think that he shall receive any thing of the Lord. A double minded man is unstable in all his ways.

# 2 Timothy 1:7

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

## Psalm 27:14

Wait on the Lord: be of good courage, and He shall strengthen thine heart: wait, I say, on the Lord.

# Psalm 30:5

For his anger endureth but a moment; in his favour is life: weeping may endure for a night, but joy cometh in the morning.

## Isaiah 43:2

When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee.

#### 1 Peter 4:12-13

Beloved, think it not strange concerning the fiery trial which is to try you, as though some strange thing happened unto you: But rejoice, inasmuch as ye are partakers of Christ's sufferings; that, when his glory shall be revealed, ye may be glad also with exceeding joy.

### Romans 8:38-39

For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

#### **Isaiah 41:10**

Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

### **Deuteronomy 33:27**

The eternal God is thy refuge, and underneath are the everlasting arms: and he shall thrust out the enemy from before thee; and shall say, destroy them.

#### Psalm 118:17

I shall not die, but live, and declare the works of the Lord.

#### Phillipians 4:13

I can do all things through Christ which strengtheneth me.

# **Psalm 31:24**

Be of good courage, and he shall strengthen your heart, all ye that hope in the Lord.

## **Isaiah 40:31**

But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

## **Phillipians 4:6**

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

# **Phillipians 4:8**

Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.

## Isaiah 51:11

Therefore the redeemed of the Lord shall return, and come with singing unto Zion; and everlasting joy shall be upon their head: they shall obtain gladness and joy; and sorrow and mourning shall flee away.

## Hebrews 13:6

So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me.

## Hebrews 10:35-36

Cast not away therefore your confidence, which hath great recompence of reward. For ye have need of patience, that, after ye have done the will of God, ye might receive the promise.

#### **Phillipians 1:6**

Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ:

#### Habakkuk 3:19

The Lord God is my strength, and he will make my feet like hinds' feet, and he will make me to walk upon mine high places. To the chief singer on my stringed instruments.

#### **Romans 8:37**

Nay, in all these things we are more than conquerors through him that loved us.

#### 1 John 5:14-15

And this is the confidence that we have in him, that, if we ask any thing according to his will, he heareth us: And if we know that he hear us, whatsoever we ask, we know that we have the petitions that we desired of him.

#### John 14:12

Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.

# Zechariah 4:6

Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

# Isaiah 43:2

When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee.

## **Proverbs 3:26**

For the Lord shall be thy confidence, and shall keep thy foot from being taken.

## 2 Corinthians 7:16

I rejoice therefore that I have confidence in you in all things.

## **Ephesians 3:12**

In whom we have boldness and access with confidence by the faith of him.

## 1 John 3:21

Beloved, if our heart condemn us not, then have we confidence toward God.

## Isaiah 40:31

But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

## 1 Peter 5:7

Casting all your care upon him; for he careth for you.

# Hebrews 13:5

Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee.

# **Scriptures for Pain of Condemnation**

**Romans 8:1a** There is therefore now no condemnation to them which are in Christ Jesus,

#### Psalm 103:10

He hath not dealt with us after our sins; nor rewarded us according to our iniquities.

#### Psalm 103:12

As far as the east is from the west, so far hath he removed our transgressions from us.

#### 2 Corinthians 5:17

Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

# John 3:17-18

For God sent not his Son into the world to condemn the world; but that the world through him might be saved. He that believeth on him is not condemned: but he that believeth not is condemned already, because he hath not believed in the name of the only begotten Son of God.

# John 5:24

Verily, verily, I say unto you, He that heareth my word, and believeth on him that sent me, hath everlasting life, and shall not come into condemnation; but is passed from death unto life.

### Hebrews 8:12

For I will be merciful to their unrighteousness, and their sins and their iniquities will I remember no more.

# Scriptures for Pain caused by Financial Trouble

## 3 John 1:2

Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.

## Psalm 37:25

I have been young, and now am old; yet have I not seen the righteous forsaken, nor his seed begging bread.

### Psalm 34:10

The young lions do lack, and suffer hunger: but they that seek the Lord shall not want any good thing.

#### **Psalm 23:1**

The Lord is my shepherd; I shall not want.

#### **Deuteronomy 28:2-8**

And all these blessings shall come on thee, and overtake thee, if thou shalt hearken unto the voice of the Lord thy God. Blessed shalt thou be in the city, and blessed shalt thou be in the field. Blessed shall be the fruit of thy body, and the fruit of thy ground, and the fruit of thy cattle, the increase of thy kine, and the flocks of thy sheep. *(finish reading the rest of the scripture)* 

Blessed shall be thy basket and thy store. Blessed shalt thou be when thou comest in, and blessed shalt thou be when thou goest out. The Lord shall cause thine enemies that rise up against thee to be smitten before thy face: they shall come out against thee one way, and flee before thee seven ways. The Lord shall command the blessing upon thee in thy storehouses, and in all that thou settest thine hand unto; and he shall bless thee in the land which the Lord thy God giveth thee.

# **Deuteronomy 28:11-13**

And the Lord shall make the plenteous in goods, in the fruit of thy body, and in the fruit of thy cattle, and in the fruit of thy ground, in the land which the Lord sware unto thy fathers to give thee.

The Lord shall open unto thee his good treasure, the heaven to give the rain unto thy land in his season, and to bless all the work of thine hand: and thou shalt lend unto many nations, and thou shalt not borrow. *(finish reading the rest of the scripture)* 

And the Lord shall make thee the head, and not the tail; and thou shalt be above only, and thou shalt not be beneath; if that thou hearken unto the commandments of the Lord thy God, which I command thee this day, to observe and to do them:

#### Luke 6:38

Give, and it shall be given unto you; good measure, pressed down, and shaken together, and running over, shall men give into your bosom. For with the same measure that ye mete withal it shall be measured to you again.

#### 1 Corinthians 16:2

Upon the first day of the week let every one of you lay by him in store, as God hath prospered him, that there be no gatherings when I come.

#### Matthew 10:8

Heal the sick, cleanse the lepers, raise the dead, cast out devils: freely ye have received, freely give.

#### Malachi 3:10

Bring ye all the tithes into the storehouse, that there may be meat in mine house, and prove me now herewith, saith the Lord of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it.

#### 2 Corinthians 9:6-8

But this I say, He which soweth sparingly shall reap also sparingly; and he which soweth bountifully shall reap also bountifully. Every man according as he purposeth in his heart, so let him give; not grudgingly, or of necessity: for God loveth a cheerful giver. And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:

#### **Matthew 19:29**

And every one that hath forsaken houses, or brethren, or sisters, or father, or mother, or wife, or children, or lands, for my name's sake, shall receive an hundredfold, and shall inherit everlasting life.

#### Joshua 1:8

This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.

## **Ecclesiastes 2:26**

For God giveth to a man that is good in his sight wisdom, and knowledge, and joy: but to the sinner he giveth travail, to gather and to heap up, that he may give to him that is good before God. This also is vanity and vexation of spirit.

## Proverbs 13:22

A good man leaveth an inheritance to his children's children: and the wealth of the sinner is laid up for the just.

# **Deuteronomy 8:7-14**

For the Lord thy God bringeth thee into a good land, a land of brooks of water, of fountains and depths that spring out of valleys and hills; A land of wheat, and barley, and vines, and fig trees, and pomegranates; a land of oil olive, and honey; A land wherein thou shalt eat bread without scarceness, thou shalt not lack any thing in it; a land whose stones are iron, and out of whose hills thou mayest dig brass. When thou hast eaten and art full, then thou shalt bless the Lord thy God for the good land which he hath given thee. Beware that thou forget not the Lord thy God, in not keeping his commandments, and his judgments, and his statutes, which I command thee this day: Lest when thou hast eaten and art full, and hast built goodly houses, and dwelt therein; And when thy herds and thy flocks multiply, and thy silver and thy gold is multiplied, and all that thou hast is multiplied; Then thine heart be lifted up, and thou forget the Lord thy God, which brought thee forth out of the land of Egypt, from the house of bondage;

## **Deuteronomy 8:18**

But thou shalt remember the Lord thy God: for it is he that giveth thee power to get wealth, that he may establish his covenant which he sware unto thy fathers, as it is this day.

### Matthew 6:31-33

Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed? (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things. But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

#### Phillipians 4:19

But my God shall supply all your need according to his riches in glory by Christ Jesus.

#### **Isaiah 41:10**

Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

# 1 Corinthians 14:33

For God is not the author of confusion, but of peace, as in all churches of the saints.

### James 3:16-18

For where envying and strife is, there is confusion and every evil work. But the wisdom that is from above is first pure, then peaceable, gentle, and easy to be intreated, full of mercy and good fruits, without partiality, and without hypocrisy. And the fruit of righteousness is sown in peace of them that make peace.

## **Psalm 55:22**

Cast thy burden upon the Lord, and he shall sustain thee: he shall never suffer the righteous to be moved.

God is trust worthy. When our hope is found in him, we need never lose courage. Regardless of what happens in our world, his promises are sure. There is nothing that can keep his Word from coming to pass – no adversity, no pain, no sorrow, no setback. Nothing can keep his promise from being fulfilled.

How will you walk in confidence toward your future? Focus on the blessings, the peace, and the joy that Christ offers.

And as you go, remember that the laughter is just beyond the pain. Just beyond the cross is the resurrections, Just beyond the grief is wild celebration. Focus on the laughter that is to come.

God, the ruler of the Universe, cares about encouraging you. He makes it his business to provide his people a sense of comfort and peace – even in the midst of fear and uncertainty.

Sometime – the way he normally provides his encouragement for his people is through his people. It is no wonder, then, that our enemy so often uses other people to sabotage and undermine God's purpose for our lives.