### The Anchor Leg Generation, Heb. 12:1-2

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run - an unbroken series of events run - compete in a race run - move fast by using one's feet, with one foot off the ground at any given time

win - a victory (as in a race or other competition)

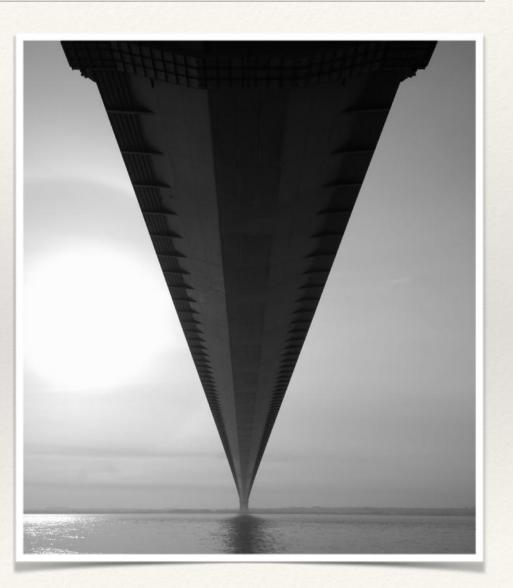
#### Introduction

- \* Get in position
- \* The Science of Running
- \* Defeat is not an option



#### **Getting in Position**

- How a runner gets into position
- Why does the runner start this way?
- What is a runner's focus?
- The Handoff, I Pet. 5:5



## The Science of Running

- What if I fall?
- Matthew 24:13
- When I get discouraged?
- Isaiah 54:17



# Defeat is not an option

- How Do I Win?
- \* 2 Timothy 4:7 KJV
- [7] I have fought a good fight, I have finished my course, I have kept the faith:
- What is my Win Strategy?
- \* 2 Tim 2:1-5
- What helps me win?





## **Strategy Session**

- Run with patience, Heb. 12:1
- Run with purpose, I Cor. 9:24-27
- Stay in your lane, Phil. 2:12
- Run to win, Phil. 3:13-14